

# NURSERY MISSION



## **GENERAL INSTRUCTIONS**

1. Please fill the first three pages of the diary.
2. Please check the diary of your ward daily.
3. Please send your ward in neat 'n' tidy uniform after giving him/her a bath.
4. Make your ward sleep in time so that he/she feels fresh in the morning.
5. Make sure that one extra changeover is in the bag.
6. Those having a hair-cut should have a proper hair-do [Crew cut].
7. Please send the food according to Menu. Maggi/ Noodles/ Junk food/ Non-veg. is strictly not allowed.
8. Nails should be regularly clipped.
9. Child should carry handkerchief daily.
10. Label your ward's school bag, lunch box, water bottle, belt, shoes, tie etc. with a permanent marker.

## **Fee schedule**




Kindly adhere to the fee schedule mentioned in the fee booklet and make sure that the fee is deposited for each quarter in time.

## *Birthday Celebrations*



Kindly take your ward to religious places, orphanages, old age homes etc. to inculcate moral values. Please ensure that you send only toffees for distribution in the class. No gift should be sent for anyone.

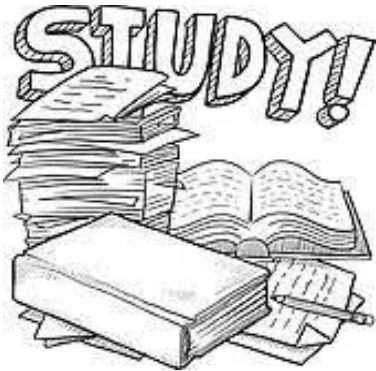
Month	Subject	Month	Subject
April	<p data-bbox="680 293 815 325" style="text-align: center;"><b>ENGLISH</b></p> <ul data-bbox="407 384 1070 708" style="list-style-type: none"> <li>• Recognition of letters A-C with their phonic sound</li> <li>• Written - Sleeping line , Standing line, Slanting Line, Curves &amp; letters L ,T,I</li> <li>• Rhymes :- God Bless, A.B.C ,Roly poly</li> <li>• Action words:- Sitting, Standing</li> <li>• Activity: 1) Folding of hanky/Napkin</li> <li>• 2) Catching and throwing of ball</li> <li>• 3) Concept of big/small</li> </ul> <p data-bbox="689 799 806 831" style="text-align: center;"><b>MATHS</b></p> <ol data-bbox="407 890 797 1098" style="list-style-type: none"> <li>1. Recognition of number -0</li> <li>2. Oral counting – 0- 5</li> <li>3. Formation of numbers – 0,1</li> <li>4. Shape – Circle</li> <li>5. Concept of up and down</li> <li>6. Colour : Red and blue</li> </ol> <p data-bbox="551 1182 680 1214" style="text-align: center;"><b>EB CLUB</b></p> <p data-bbox="445 1283 763 1315">Recognition of letters A-C</p>	April	<p data-bbox="1547 293 1794 325" style="text-align: center;"><b>CONVERSATION</b></p> <p data-bbox="1413 384 1845 730">           Q1 What is your Name?            Ans- My name is -----            Q2. How are you?            Ans- I am fine.            3Q. How old are you?            Ans- I am 3 years old.            Q4. In which class do you read?            Ans- I read in Nursery.            Q5. Which is your favourite food?            Ans-         </p> <p data-bbox="1711 815 1800 847" style="text-align: center;"><b>HINDI</b></p> <ul data-bbox="1458 863 2018 938" style="list-style-type: none"> <li>• श्रवण एवं पाठन:- अक्षरों की पहचान- अ, आ</li> <li>• कविता :- प्रार्थना, चिड़िया</li> </ul> <p data-bbox="1711 1027 1800 1059" style="text-align: center;"><b>E.V.S.</b></p> <p data-bbox="1413 1070 1823 1177">           Book Name:- My Alphabet Book            Concept:-           <ul style="list-style-type: none"> <li>• Body Part</li> </ul> </p> <p data-bbox="1675 1230 1832 1262" style="text-align: center;"><b>DRAWING</b></p> <p data-bbox="1413 1278 1800 1353">           Content:           <ul style="list-style-type: none"> <li>• Draw and colour a circle</li> </ul> </p>

Month	Subject	Month	Subject
<p><b>May</b></p>	<p style="text-align: center;"><b>ENGLISH</b></p> <ul style="list-style-type: none"> <li>• Recognition of letters :-A-F with their phonic sound</li> <li>• Written – 1. H,E,F 2. Matching Alphabet (A-E) 3. Matching Alphabet with the correct picture (A-E)</li> <li>• Rhymes: - Oh! My! My!,I have a little nose</li> <li>• Action words- Smiling, Throwing</li> </ul> <p style="text-align: center;"><b>MATHS</b></p> <ul style="list-style-type: none"> <li>• Recognition of numbers -0-5</li> <li>• Oral counting – 0-10</li> <li>• Written – 7,3</li> <li>• Matching numbers (0-3)</li> <li>• Matching shapes</li> <li>• Shape – Triangle</li> <li>• Concept - give and take.</li> </ul> <p style="text-align: center;"><b>CONVERSATION</b></p> <p>Q1. What is the name of your school? Ans. The name of my school is BCM School.</p> <p>Q 2. What is the name of your principal? Ans. The name of my principal is Mr. Jai Prakash singh.</p>	<p><b>May</b></p>	<p>Q3. What is the name of your class Teacher? Ans. The name of my class teacher is _____</p> <p>Q4. Where do you live? Ans. I live in Ludhiana.</p> <p>Q5 Do you have a pet? Ans yes I have a pet .</p> <p style="text-align: center;"><b>HINDI</b></p> <ul style="list-style-type: none"> <li>• श्रवण एवं पाठन:- अक्षरों की पहचान- □- □</li> <li>• कविता :- मछली</li> </ul> <p style="text-align: center;"><b>E.V.S.</b></p> <p><b>Book Name:- My Alphabet Book</b></p> <ul style="list-style-type: none"> <li>• Shapes   </li> <li>• Colour –Red, yellow, green.</li> </ul> <p style="text-align: center;"><b>DRAWING</b></p> <p><b>Content:</b></p> <ul style="list-style-type: none"> <li>• Draw and colour A Square.</li> <li>• Draw and colour A Triangle.</li> </ul> <p style="text-align: center;"><b>EB CLUB</b></p> <p>Recognition of letter A – F</p>



Month	Subject	Month	Subject
July	<p style="text-align: center;"><b>ENGLISH</b></p> <ul style="list-style-type: none"> <li>• Recognition of letters A-H with their phonic sound</li> <li>• Written – 1. J, A ,K,N,M 2. Matching Alphabet(A-H) 3. Matching Alphabet with the correct picture(A-H)</li> <li>• Rhymes :- Me,an apple; Eeny Meeny Miney Moe</li> <li>• Concept:- Hot/Cold</li> <li>• Action words- Laughing, Polishing, Brushing</li> </ul> <p style="text-align: center;"><b>MATHS</b></p> <ul style="list-style-type: none"> <li>• Recognition of numbers -0-10</li> <li>• Oral counting – 0-15</li> <li>• Written – 4,8,9 and Matching numbers(0-4) &amp; Matching Shapes.</li> <li>• Shape – Square</li> <li>• Concept- Full/empty</li> </ul> <p style="text-align: center;"><b>CONVERSATION</b></p> <p>Q1. Where does the bus move? Ans. On the road.</p> <p>Q2. Where does the train move? Ans. On the track.</p> <p>Q3. Where does the Aeroplane move? Ans. In the sky.</p> <p>Q4. What do you use in rainy season? Ans. Umbrella and raincoat.</p> <p>Q5. How many colours are there in a rainbow? Ans. Seven colours.</p> <p>Q6. Name any five fruits? Ans. -----</p>	July	<p style="text-align: center;"><b>HINDI</b></p> <ul style="list-style-type: none"> <li>• श्रवण एवं पाठन:- अक्षरों की पहचान- □- □</li> <li>• कविता :- :- छाँटा , बादल</li> <li>• कहानी :- चालाक लोमड़ी</li> <li>• लेखन:- ✓ चित्र से सम्बंधित अक्षर पर गोला लगाओ ✓ अक्षर को सम्बंधित चित्र से मिलाओ ✓ अक्षर को अक्षर से मिलाओ ✓ स्वर :- उ</li> </ul> <p style="text-align: center;"><b>E.V.S.</b></p> <p><b>Book Name:- My Alphabet Book</b></p> <ul style="list-style-type: none"> <li>• Fruits</li> <li>• Modes of transport.</li> <li>• Colors – White , Black , Orange</li> </ul> <p><b>Concept</b> : -Dry/Wet</p> <p><b>Activities:-</b></p> <ul style="list-style-type: none"> <li>• Mike practice on stage.</li> <li>• Sand pit.</li> <li>• Packing/Unpacking.</li> <li>• Knowledge about rainy season.</li> </ul> <p style="text-align: center;"><b>DRAWING</b></p> <p><b>Content:</b></p> <ul style="list-style-type: none"> <li>• Draw and color The sun</li> </ul> <p><b>EB CLUB</b> : -Recognition of letters A – H</p>

Month	Subject	Month	Subject
<b>August</b>	<p style="text-align: center;"><b>ENGLISH</b></p> <ul style="list-style-type: none"> <li>• Recognition of letters - A-K with their phonic sound</li> <li>• Written – 1. B,C,D,G,O 2. Matching Alphabet(A-K) 3. Matching Alphabet with the correct picture(A-K)</li> <li>• Rhymes :- Rain,Rain , Little Sunny, Two little hands</li> <li>• Concept:- Few/Many</li> <li>• Action words- Sneezing, Knocking, Yawning</li> </ul> <p style="text-align: center;"><b>MATHS</b></p> <ul style="list-style-type: none"> <li>• Recognition of numbers -0-6</li> <li>• Oral counting – 0-20</li> <li>• Written – 6,2 and Matching numbers(0-6) &amp; Count and match(1-6)</li> <li>• Shape – Rectangle</li> </ul> <p style="text-align: center;"><b>CONVERSATION</b></p> <p>Q1. What is the name of your country? Ans. India.</p> <p>Q2. When do we celebrate independence Day? Ans. On 15 August.</p> <p>Q3. Which is our national animal? Ans. Tiger.</p> <p>Q4. Which is our national bird? Ans. Peacock.</p> <p>Q5. Which is our national fruit? Ans. Mango.</p>	<b>August</b>	<p>Q6. Which is our National flower? Ans. Lotus.</p> <p>Q7. Who is the father of our nation? Ans. Mahatma Gandhi.</p> <p style="text-align: center;"><b>HINDI</b></p> <ul style="list-style-type: none"> <li>• श्रवण एवं पाठन:- अक्षरों की पहचान- अ- औ</li> <li>• कविता :- मोर , छोटू राजा</li> <li>• मोर , छोटू राजा</li> <li>• कहानी :- चालाक लोमड़ी</li> <li>• लेखन:-</li> <li>• चित्र से सम्बंधित अक्षर पर गोला लगाओ</li> <li>• अक्षर को सम्बंधित चित्र से मिलाओ</li> <li>• अक्षर को अक्षर से मिलाओ</li> <li>• स्वर :- ऊ</li> </ul> <p style="text-align: center;"><b>E.V.S.</b></p> <p><b>Book Name:- My Alphabet Book</b></p> <ul style="list-style-type: none"> <li>• My country.</li> </ul> <p><b>Activities:-</b></p> <ul style="list-style-type: none"> <li>• Rakhi making.</li> <li>• Flute decoration.</li> <li>• Bindi pasting.</li> </ul>

			<p><b>DRAWING</b></p> <p><b>Content:</b> Draw and color An Orange.</p>
<p><b>SEPTEMBER</b></p>		<p><b>SEPTEMBER</b></p>	
<p><b>REVISION &amp; ASSESSMENT</b></p>		 <p><b>I hear and I forget. I see and I remember. I</b></p>	



# do and I understand.

Month	Subject	Month	Subject
October	<p><b>ENGLISH</b></p> <ul style="list-style-type: none"><li>• Recognition of letters –A-R with their phonic sound</li><li>• Written –1. Q,P,R,S 2. Matching Alphabet(A-R) 3. Matching Alphabet with the correct picture(A-P)</li><li>• Rhymes :- Twinkle Twinkle Little star , Teddy Bear.</li><li>• Concept-Clean / Dirty</li><li>• Action words- Running, Pushing, walking</li><li>• Story :- Thirsty Crow</li></ul> <p><b>MATHS</b></p> <ul style="list-style-type: none"><li>• Recognition of numbers -0-7</li><li>• Oral counting – 0-30</li><li>• Written – 5, 10 and Matching numbers(0-7), Count and match(1-7),</li><li>• Serial Counting - (0-5)</li><li>• Concept-Long/Short</li><li>• Activity: Many / Few</li></ul> <p><b>CONVERSATION</b></p> <p>Q1. Where does the mother cook food? Ans. In the Kitchen.</p> <p>Q2. What keeps food fresh and cold?</p>	October	<p>Q3. Where do you wash your hands? Ans. In the Wash Room.</p> <p>Q4. Where do you take bath? Ans. In the Bathroom.</p> <p>Q5. Name any five vegetables. Ans. -----.</p> <p>Q6. Name two cold things? Ans . Ice cream , Cold drink</p> <p><b>HINDI</b></p> <ul style="list-style-type: none"><li>• श्रवण एवं पाठन:- अक्षरों की पहचान- अ- □ □</li><li>• लेखन:-<ul style="list-style-type: none"><li>✓ स्वर अ , आ</li><li>✓ चित्र से सम्बंधित अक्षर पर गोला लगाओ</li><li>✓ अक्षर को सम्बंधित चित्र से मिलाओ</li><li>✓ अक्षर को अक्षर से मिलाओ</li></ul></li><li>• कविता :- <b>बिल्ली , सब्जी</b></li><li>• कहानी :-प्यासा कौआ</li></ul> <p><b>E.V.S.</b></p> <p><b>Book Name:- My Alphabet Book</b></p> <ul style="list-style-type: none"><li>• Vegetables</li></ul> <p><b>Activities:-</b></p> <ul style="list-style-type: none"><li>• Mike practice</li><li>• Presentation</li></ul>

	Ans. Refrigerator.		<b>DRAWING</b> <b>Content:</b> Draw and colour A Ladder
<b>Month</b>	<b>Subject</b>	<b>Month</b>	<b>Subject</b>
<b>November</b>	<p><b>ENGLISH</b></p> <ul style="list-style-type: none"> <li>• Recognition of letters :- A-U with their phonic sound</li> <li>• Written :-1. U,V,W &amp; (A-T) 2. Matching Alphabet(A-U) 3.Circle the correct letter of the picture (A-L)</li> <li>• Rhymes :- Ratty Fatty Rat, Jingle bells,Two little dicky birds.</li> <li>• Concept-Near/Far</li> <li>• Action words- Eating, Drinking</li> <li>• Story :- Thirsty Crow</li> <li>• Activity:- Finding Friend</li> </ul> <p><b>MATHS</b></p> <ul style="list-style-type: none"> <li>• Recognition of numbers -0-10</li> <li>• Oral counting – 0-30</li> <li>• Serial counting- (0-10)</li> <li>• Concept- Heavy/ light</li> </ul> <p><b>CONVERSATION</b></p> <p>Q1. Name some festivals of India. Ans. Holi, Diwali, Dussehra.</p> <p>Q2. Which is the festival of colors? Ans. Holi.</p>	<b>November</b>	<p>Q4. What do you say when someone give you something? Ans. Thank You</p> <p>Q5 Who is the king of jungle? Ans. Lion</p> <p>Q6 Name two animals who give us milk. Ans. Cow , buffalo</p> <p><b>HINDI</b></p> <ul style="list-style-type: none"> <li>• श्रवण एवं पाठन:- अक्षरों की पहचान- अ- □ □</li> <li>• लेखन:- ✓ स्वर:- अं ✓ चित्र से सम्बंधित अक्षर पर गोला लगाओ ✓ अक्षर को सम्बंधित चित्र से मिलाओ ✓ अक्षर को अक्षर से मिलाओ</li> </ul> <p>कविता :-</p> <ul style="list-style-type: none"> <li>• लटटू, सेब</li> <li>• कहानी :-प्यासा कौआ</li> </ul> <p><b>E.V.S.</b></p> <p><b>My Alphabet Book</b></p> <ul style="list-style-type: none"> <li>• Birds, Animals</li> </ul>

Q3. Which is the festival of lights?  
Ans. Diwali.

## DRAWING

### Content:

Draw and colour An Apple

## DECEMBER

## DECEMBER

# REVISION & ASSESSMENT



Give the World  
the best you  
have & the  
best will come  
to you

Month	Subject	Month	Subject
<b>JANUARY</b>	<p style="text-align: center;"><b>ENGLISH</b></p> <ul style="list-style-type: none"> <li>• Recognition of letters –A-Z with their phonic sound</li> <li>• Written – 1. X,Y,Z &amp; (A-Z) 2. Matching Alphabet(A-Z) 3.Circle the correct Letter (A-P)</li> <li>• Rhymes :- Traffic Lights , Teddy Bear, Cobbler – Cobbler.</li> <li>• Concept-Inside/Outside</li> <li>• Story :- Thirsty Crow.</li> </ul> <p style="text-align: center;"><b>MATHS</b></p> <ul style="list-style-type: none"> <li>• Recognition of numbers -0-15</li> <li>• Oral counting – 0-40</li> <li>• Written –1. (0-15) 2. Matching numbers 0-10 3. Count And Match 4. Missing numbers 0-10</li> <li>• Concept-Shapes (Matching)</li> <li>• Activity: Hopscotch</li> </ul> <p style="text-align: center;"><b>CONVERSATION</b></p>	<b>JANUARY</b>	<p>Q3. What does the yellow light say? Ans. Wait .</p> <p>Q4. What does the green light say? Ans. GO.</p> <p>Q5 .Where should we cross the road ? Ans . We should cross the road at the zebra crossing .</p> <p>Q6:-Should we lean out of the moving bus ? Ans . No,we should not lean out of the moving bus.</p> <p style="text-align: center;"><b>HINDI</b></p> <ul style="list-style-type: none"> <li>• श्रवण एवं पाठन:- अक्षरों की पहचान- क - ज</li> <li>• लेखन:- ✓ स्वर:- अ, आ, उ, ऊ, अं, अः ✓ चित्र से सम्बंधित अक्षर पर गोला लगाओ ✓ अक्षर को सम्बंधित चित्र से मिलाओ ✓ अक्षर को अक्षर से मिलाओ</li> <li>• कविता :- जल, कोयल, रानी , पतंग</li> <li>• कहानी :- प्यासा कौआ , चालाक लोमड़ी</li> </ul> <p style="text-align: center;"><b>E.V.S.</b></p> <p><b>My Alphabet Book</b></p> <ul style="list-style-type: none"> <li>• Flowers.</li> <li>• Road safety</li> </ul> <p><b>Activity:-</b></p>

	<p>Q1. How many colours are there in traffic lights? Ans. Three colours</p> <p>Q2. What does the red light say? Ans. Stop.</p>		<ul style="list-style-type: none"> <li>• Mike Practice</li> </ul> <p style="text-align: center;"><b>DRAWING</b></p> <p><b>Content:</b></p> <ul style="list-style-type: none"> <li>• Draw and colour A Cat</li> <li>• Draw and colour A Tree</li> </ul>
<b>Month</b>	<b>Subject</b>	<b>Month</b>	<b>Subject</b>
<b>FEBRUARY</b>	<p style="text-align: center;"><b>ENGLISH</b></p> <ul style="list-style-type: none"> <li>• Recognition of letters –A-Z with their phonic sound</li> <li>• Written – 1. A-Z 2. Write the missing alphabet (A-L) 3. Matching Alphabet with the correct picture(A-Z)</li> <li>• Rhymes :- Zip-Zap, Four little Monkeys.</li> <li>• Story :- Thirsty Crow</li> </ul> <p style="text-align: center;"><b>MATHS</b></p> <ul style="list-style-type: none"> <li>• Recognition of numbers - 0-20</li> <li>• Oral counting – 0-40</li> <li>• Written –1. (0-20) 2. Matching numbers 0-10 3. Count And Match 4. Write the missing number (0-10)</li> </ul> <p style="text-align: center;"><b>CONVERSATION</b></p> <p>Q1. How many days are there in a week? Ans. 7 Days</p>	<b>FEBRUARY</b>	<p>Q3. What do we wear in winters? Ans. Jacket, Cap, Sweater, Gloves.</p> <p>Q4. What tell us time? Ans Clock</p> <p>Q5 when is your birthday? Ans .....</p> <p>Q6 What is your father's mobile number ? Ans .....</p> <p style="text-align: center;"><b>HINDI</b></p> <ul style="list-style-type: none"> <li>• श्रवण एवं पाठन:- अक्षरों की पहचान- अ- ण</li> <li>• लेखन:- ✓ स्वर:- अ- आ: ✓ चित्र से सम्बंधित अक्षर पर गोला लगाओ ✓ अक्षर को सम्बंधित चित्र से मिलाओ ✓ अक्षर को अक्षर से मिलाओ</li> <li>• कविता :- :- तितली, सेब , रेल</li> <li>• कहानी :- प्यासा कौआ , चालाक लोमड़ी</li> </ul>

Q2. How many fingers do you have?  
Ans. 10

**E.V.S.**

My Alphabet Book  
Concept:- Days of week

**DRAWING**

**Content:**  
Draw and colour a cat and a Tree.

**MARCH**

**MARCH**

**FINAL  
ASSESSMENT**



**चालाक लोमड़ी**  
कौआ आया , कौआ आया

रोटी अपनी चोंच में लाया  
एक लोमड़ी बड़ी सयानी,  
उसके मुँह में आया पानी  
बोली भईया गीत सुनाओ  
सुनकर कौवा बोला कांव  
उठाकर रोटी लोमड़ी चल दी गाँव

### प्यासा कौआ

एक कौए को लगी प्यास ,  
उड़कर गया घड़े के पास  
घड़े में उसने चोंच डुबाई  
पानी तक वह पहुँच न पायी  
कैसे पानी पीया जाए ?  
उसको सूझा एक उपाए  
वहीं पड़े थे बहुत से कंकर,  
डाले उसने घड़े के अंदर  
अंत में पानी ऊपर आया,  
पानी पे कौआ मुस्काया

## THE THIRSTY CROW

Once a crow was very thirsty. He flew here  
and there in search of water.

KAW,KAW,KAW

He saw a pot of water. The water was very  
less. He thought of a plan.

He picked up some stones and put into the  
pot. The water rose up. He drank it and  
flew away.

Moral:-

Where there is a will, there is a way.



## Phonic Chart

## Phonic Chart

A	ऐ	N	न
B	ब	O	ओ
C	क	P	प
D	ड	Q	क्व
E	ए	R	र
F	फ	S	स
G	ग	T	ट
H	ह	U	अ
I	इ	V	व
J	ज	W	वह
K	क	X	क्स
L	ल	Y	य
M	म	Z	ज़

Month	Activities	Month	Activities
April	<ul style="list-style-type: none"> <li>• Baisakhi Celebration</li> <li>• Nature Walk</li> <li>• Puppet Show</li> <li>• Fresher's Party</li> </ul>	December	<ul style="list-style-type: none"> <li>• Christmas Celebration</li> <li>• Mike Practice</li> <li>• Shapes Week</li> <li>• Semi- final oF English Rhyme</li> </ul>
May	<ul style="list-style-type: none"> <li>• Labour Day</li> <li>• Mother's Day</li> <li>• Fruit Party</li> <li>• Show and Tell</li> </ul>	January	<ul style="list-style-type: none"> <li>• Lohri Celebration</li> <li>• Republic Day Celebration</li> <li>• Basant Panchmi</li> <li>• Army Day</li> <li>• Show and Tell Competition</li> </ul>
July	<ul style="list-style-type: none"> <li>• Sapling of Plants</li> <li>• Pajama Party</li> <li>• Good Manners day</li> </ul>	February	<ul style="list-style-type: none"> <li>• Calligraphy Competition</li> <li>• Athletic Meet</li> </ul>
August	<ul style="list-style-type: none"> <li>• Janamashtami</li> <li>• Independence Day</li> <li>• Rakhi Celebration</li> <li>• Colouring Competition</li> </ul>		
September	<ul style="list-style-type: none"> <li>• Blue Day</li> <li>• Hindi Rhyme Competition</li> <li>• Grand Parents Day</li> <li>• Mike Practice</li> </ul>		
October	<ul style="list-style-type: none"> <li>• Presentation</li> <li>• Clean India</li> <li>• Dussehra Celebration</li> <li>• World Animal Welfare Day</li> <li>• Global Hand Wash Day</li> </ul>		
November	<ul style="list-style-type: none"> <li>• Diwali Celebration</li> <li>• Children's Day</li> <li>• Salad Party</li> <li>• World Kindness Day</li> </ul>		

<b>Summer</b>	<b>Winter</b>
<p data-bbox="427 304 819 344" style="text-align: center;"><b>NUTRITIOUS-MENU</b></p> <p data-bbox="143 363 696 408">❖ Eat Healthy, Stay Healthy</p> <p data-bbox="143 421 573 466">❖ Say no to junk food</p>	<p data-bbox="1422 304 1814 344" style="text-align: center;"><b>NUTRITIOUS-MENU</b></p> <p data-bbox="1137 363 1691 408">❖ Eat Healthy, Stay Healthy</p> <p data-bbox="1137 421 1570 466">❖ Say no to junk food</p>
<p data-bbox="143 483 338 528"><b>(Monday)</b></p> <ul data-bbox="188 547 696 592" style="list-style-type: none"> <li>• Channe-Puri/ Aloo Puri</li> </ul>	<p data-bbox="1137 483 1332 528"><b>(Monday)</b></p> <ul data-bbox="1182 547 1803 592" style="list-style-type: none"> <li>• Rajmah or Dal with Chappati</li> </ul>
<p data-bbox="143 603 338 647"><b>(Tuesday)</b></p> <ul data-bbox="188 667 864 711" style="list-style-type: none"> <li>• Green Vegetable with Parantha</li> </ul>	<p data-bbox="1137 603 1332 647"><b>(Tuesday)</b></p> <ul data-bbox="1182 667 1637 711" style="list-style-type: none"> <li>• South Indian Cuisine</li> </ul>
<p data-bbox="143 746 405 791"><b>(Wednesday)</b></p> <ul data-bbox="188 810 770 855" style="list-style-type: none"> <li>• Variety of Bread &amp; Sprouts</li> </ul>	<p data-bbox="1137 746 1400 791"><b>(Wednesday)</b></p> <ul data-bbox="1182 810 2056 855" style="list-style-type: none"> <li>• Variety of Bread(Sandwich,Bread pakora)</li> </ul>
<p data-bbox="143 882 353 927"><b>(Thursday)</b></p> <ul data-bbox="188 946 734 991" style="list-style-type: none"> <li>• Stuffed Parantha &amp;Fruits</li> </ul>	<p data-bbox="1137 882 1348 927"><b>(Thursday)</b></p> <ul data-bbox="1182 946 1697 991" style="list-style-type: none"> <li>• Besan ka Chilla+ Biscuit</li> </ul>
<p data-bbox="143 1026 293 1070"><b>(Friday)</b></p> <ul data-bbox="188 1090 808 1134" style="list-style-type: none"> <li>• Rajmah or Dal with Chappati</li> </ul>	<p data-bbox="1137 1026 1288 1070"><b>(Friday)</b></p> <ul data-bbox="1182 1090 1861 1134" style="list-style-type: none"> <li>• Green Vegetable with Parantha</li> </ul>

# RHYMES

## GOD BLESS

God bless mummy ,daddy too,  
God bless me and god bless you  
God bless everyone!  
God bless every one!

## ABC

A,B,C  
Tumble down D  
The cat's in the cupboard,  
And can't see me

## ROLY POLY

Roly poly,Roly poly  
Up,up,up .Up,up,up  
Roly poly ,Roly poly  
Down,down,down .Down,down,down  
Roly poly,Roly poly  
Roly poly,Roly poly  
Big,big,big.Big,big,big  
Roly,poly,Roly,poly  
Small,small,small.Small,small,small  
Roly poly,Roly poly  
Fast,fast,fast.Fast,fast,fast  
Roly poly,Roly poly  
Slow,slow,slow.Slow,slow,slow

## **I have a Little nose**

I have a Little nose

I have a little chin,

And I have a little mouth,

To put my food in.

## **EENY,MEENY,MINEY,MO**

EENY,MEENY,MINEY,MO

Catch a tiger by the toe.

If he hollers,let him go,

EENY,MEENY,MINEY,MO

## **OH!MY!MY**

Oh!My!My!

Tell me why?

Birdies fly,

In the sky.

## **RAIN,RAIN**

Rain,rain,go away,

Come again another day.

Little Johnny wants to play,

Rain,rain,go away.

## **ME,AN APPLE**

If I were an apple,

And grew on a tree.

I think I would drop down,

On a nice boy like me.

## **LITTLE SUNNY**

Little boy Sunny,

And little girl Bunny.

Exchanged their dresses,

And looked so funny.

## TWO LITTLE HANDS

Two little hands go

Clap,Clap,Clap.

Two little legs go

Stamp,Stamp,Stamp

Two little eyes,

What do I see?

And one little mouth,

Oh! Dear me.

## TWINKLE,TWINKLE, LITTLE STAR

Twinkle,Twinkle, little star,

How I wonder what you are!

Up above the world so high,

Like a diamond in the sky.

## RATTY FATTY RAT

Ratty fatty rat,

Is Sitting on a mat.

He was waiting for a cat,

To have a nice chat.

## JINGLE BELLS

Jingle bells!Jingle bells!

Jingle all the way,

Oh!what fun it is to ride,

In a one horse open sleigh.

## TWO LITTLE DICKY BIRDS

Two little dicky birds sitting on a wall,

One named Peter, One named Paul.

Fly away Peter Fly away Paul!

Come back Peter! Come back Paul!

## TRAFFIC LIGHTS

Stop! says the red light,

Go! Says the green.

Get ready! Says the yellow light,

Twinkling in between.

## MY LITTLE TEETH

My little teeth are white,

I brush them day and night.

Up and down, left and right,

To keep them shining bright.

## COBBLER, COBBLER

Cobbler, cobbler, mend my shoe,

Get it done by half past two.

Stitch it up and stitch it down,

Then I'll give you half a crown.

## ZIP-ZAP

Zip-zap, zip-zap,

All is best.

Work hard, less talk,

Leave the rest.

## FOUR LITTLE MONKEYS

Four little monkeys

Jumping on the bed

One fell down and broke his crown

Mamma called the doctor

The doctor said ,No more

Monkeys

Jumping in the bed.

## TEDDY BEAR

Teddy Bear,Teddy Bear,

Turn around.

Teddy Bear,Teddy Bear ,

Touch the ground.

Teddy Bear,Teddy Bear,

Polish the shoes.

Teddy Bear,Teddy Bear,

Off to school.



बिल्ली

बिल्ली बोली, म्याऊँ-म्याऊँ  
चुन-चुनकर सब चूहे खाऊँ  
दूध-मलाई झट पी जाऊँ  
मूँछों पर फिर जीभ फिराऊँ

छोटू राजा

अ से अनार, आ से आम,

पड़ने से बनता हर काम

इ से इमली , ई से ईख

छोटू राजा कुछ तो सीख ।

, सेब

सभी फलों में सेब है न्यारा

सबको लगता है ये प्यारा ।

एक सेब जो रोज़ है खाता,

बीमारी को दूर भगाता ।

माँ मुझको भी सेब खिला दो,

वरना ऐपल जूस पिला दो ।

जल

शीतलता देता है

करता है मन को निर्मल

साफ-स्वच्छ यह तरल-तरल,

जीवन जीना करे सरल ।

तितली

सुबह सवेरे आती तितली

फूल फूल पर जाती तितली

रंग बिरंगे पंख सजाए,

सबके मन को भाती तितली

मोर

नाच मोर का सबको भाता,  
जब वह पंखो को फ़ैलाता,  
कुँह कुँह का शोर मचाता,

घूम घूम कर नाच मचाता

लटटू

अटटू, बटटू हो या नटटू,

सबको भाए घूमता लटटू।

डोरी के संग भागता लटटू,

गोल-गोल है नाचता लटटू।

, छाता

पानी बरसा छम-छम-छम

छाता लेकर निकले हम।

पैर फिसला गिर गए हम।

छाता नीचे, ऊपर हम

निंदिया रानी

पलकों की चादर में छुपकर,

छा जाती है चुपके से।

निंदिया रानी बड़ी सुहानी,

आ जाती है चुपके से।

सब्ज़ी  
बच्चों! खाओ कच्ची गाजर,  
नींबू, खीरा और टमाटर ।  
लाल-लाल तुम बन जायोगे  
सुंदर बच्चे कहलाओगे ।

कोयल रानी  
कोयल रानी, कोयल रानी  
दाना खाकर पीती पानी  
देखो कितना मीठा गाती  
सबके दिल को है बहलाती

प्रार्थना  
सुन ले विनती हे भगवान,  
हम तेरे बच्चे नादान ।  
देना हमको यह वरदान,  
पढ़-लिखकर हम बने माहान ।

बादल  
घूमड घूमड कर आए बादल,  
उमर उमर कर छाए बादल।  
उमस भरी गर्मी की ऋतु में,  
भीनी ठंडक लाए बादल।

घड़ी  
टिक-टिक करती हाथ घुमाती,  
हमको है यह बात बताती ।  
चाहे सुबह हो चाहे शाम  
करो समय पर सारे काम

रेल  
छुक छुक छुक में हूँ रेल,  
रोज कराती सबका मेल।  
गार्ड दिखाएं झंडी लाल,  
रुक जाती तब मेरी चाल।

पतंग

खुली गगन में उड़ती जाए,  
आसमान पर चढ़ती जाए।  
दरें जाए वरें जाए,  
घूम घूम कर नाचे इटालये।

खरगोश

मेरा खरगोश सबसे प्यारा,  
शेतानीयो का है वह पिटारा  
रंग उजला वह पाव बड़े,  
सिर पर लंबे कान खड़े।